



S.N.A.I.L. News

Sunnyvale Neighbors of Arbor, Including LaLinda

PO Box 62072, Sunnyvale, CA 94088

<http://www.snail.org/>

Representing over 1,400 households Established in 1995



December 2017



SNAIL General Meeting Thursday – December 7th

Location: Columbia Middle School Staff Lounge

Time: 7:00 p.m. – Look for the SNAIL sign

Partial List of General Meeting Agenda Items:

- Election of 2018 SNAIL Treasurer
- Discussion: Advertising and Non-profits in SNAIL Newsletter

SNAIL typically meets on the first Thursday of the month. The rare exceptions are when the first Thursday is also the same date as a big holiday. All SNAIL area homeowners, residents and guests are invited. Children are welcome. Membership in SNAIL is always free.

Mark Your Calendar Now!

1/4, 2/1, 3/1, 4/5, 5/3, 6/7, 7/5, 8/2, 9/6, 10/4, 11/1, 12/6

SNAIL 2017 Event Calendar

Date/Time	Event Name	Organizer
Sun, Dec 17 5:00-8:00 p.m.	SNAIL Holiday Party 550 E. Arbor	John Cordes and Diane Gleason (650) 288-9645
Dec 12/6, 12/13, 12/20, 12/27	SNAIL to Volunteer at the Cold Winter Shelter 6 to 8 p.m.	Valérie Suarès (408) 390-3335
Jan 1/3, 1/10, 1/17, 1/24, 1/31		
Jan 12 7:00 p.m.	Dinner Night Out with our 2018 SNAIL Officers Seto (Japanese) 511 Borregas Ave.	Bonnie Lloyd RSVP by Jan 9 (408) 747-1949

SNAIL Yard Sale Venue



Our traditional host has moved away, so we need to find a new place to hold our annual Yard Sale. We need a place where the donated items can stay in place over Friday and Saturday nights. (It will be covered, but we don't want to have to take it away.) We are looking for a new site; a cul-de-sac would be ideal. Years ago, we held it at a house with a good-sized front yard and driveway, with the big stuff in the driveway next door. If you are interested, please contact any SNAIL officer.

-Tarik Peterson, SNAIL Chair



Community Services Food Donations

Please donate non-perishable food items that are within one year of the "best by" date to Sunnyvale Community Services, located at 725 Kifer Road. It is best to call first as they are sometimes very busy giving out food, or you can bring your items to our December SNAIL meeting and we will take them for you. Clean out those unused canned goods and make room to renew your supply!

-Bonnie Lloyd

Brief Summary of November General Meeting Minutes

Voting for 2018 SNAIL Officers: Tarik was voted in as Chair, with ten votes for Tarik and four votes for John. Valerie and June ran unopposed with fourteen votes each. We were unable to obtain a candidate for Treasurer at this time.

Social Secretary's Report (Bonnie Lloyd): December Christmas party at John and Diane's on Sunday, December 17th. Dinner night out for January will be at Seto, introducing the new officers. Date and time for January is still to be determined.

City Report (John Cordes): On Tuesday, November 7th the City Council will decide on Plan A or Plan B for the City Plan. One plan will involve closing Olive. The cost for each plan is essentially the same. The City Garden will remain in either plan.

New Business: Next year we will need a new location for the yard sale since Connie and Jim have moved out of the area. Many aspects of advertising were discussed; among these were: Keeping a waiting list, offering a one-month trial period for new businesses, and promoting SNAIL businesses first. Tarik suggested we talk about this at the next meeting in January and write a newsletter article after more discussion. Diane made a motion to discuss this next month. Barry mentioned the beer garden on Mathilda has moved to a new location and work is soon to begin on the Hilton Garden Hotel.

For full minutes, please visit the SNAILorg Yahoo Group website:
<http://tinyurl.com/SNAILorg>

-Minutes taken by June Valenti, SNAIL Secretary



Sunday, December 17th

5:00-8:00 p.m.

Diane and John's Home

550 E. Arbor (corner of Worley and Arbor)

Potluck dinner - please bring a dish to share.

Come join your neighbors for some neighborhood holiday fun! Be in the holiday spirit with good company and good food. Turkey, pumpkin pie; help us complete the menu! Potluck dishes and RSVPs preferred, but come on over any way you are. RSVPs and questions, please email Diane at gleasondiane@yahoo.com or call her at (650) 353-1575.



Columbia Neighborhood Center (CNC) News

For current information on programs, call CNC at (408) 730-7800 or email CNC@sunnyvale.ca.gov or visit our new webpage at: <http://tinyurl.com/SVCNC>

Free Coding for Kids Workshop: Sunnyvale youth, ages 7 to 10, are invited to learn beginner coding skills and design a game at this workshop by high school student-volunteers from MathAndCoding.org. The camp is free and will take place at Columbia Middle School, 739 Morse Ave. from Dec. 18th to 20th, 9:00 a.m. to 12 p.m. Pre-approved fee waiver families have priority registration starting Nov. 28th. All other families can register starting Dec. 13th, 8:30 a.m. Register in-person only at CNC. Visit Sunnyvale.ca.gov or call CNC to learn how to apply for the fee waiver.

Free Legal Clinic at CNC: Saturday, Dec. 2nd from 10 a.m. to noon, receive a 20-minute consultation on legal matters by licensed attorneys offered by South Asian Bar Association of Northern California (SABA-NC). No appointments. Customers are attended to on a first come, first served basis.

Story Time: Dec. 13th at 3:30 p.m. - A Sunnyvale Public Library children's librarian will host a story time with stories and songs for children. All families welcome. Location: Columbia Middle School (CMS) Library, 739 Morse Ave.

-Angela Chan, CNC Manager

Thank You for Your Kind Donation!

**MARTY'S
Donuts**

A shout out goes to "Marty's Donuts" located at 350 W. Maude Ave. at the corner of Mathilda and Maude. For the past two years, this small family-owned business has donated their unsold tasty variety selection every week to the Homeless Shelter in Sunnyvale. Thank you, Marty's Donuts, for your gift.

The second shout out, goes to Randy and Barbara for making the run every Wednesday afternoon to pick up and deliver those donuts to the shelter.

-Valérie Suarès

Red Bows Day

**Saturday,
December 2nd**

Hello Neighbors, the holiday season is here and we'll be decorating our street trees with red bows on Dec 2nd. Unfortunately, due to prior commitments, I won't be able to host the breakfast this year. I will come by and drop off any bows or ribbons that you need the week before. Please email or call me: saurabh2180@gmail.com (408) 228-7613

-Saurabh Singh, Red Bows Coordinator



The holiday season is here! Pumpkin spice or peppermint spiced latte marketing is in full swing. While this can be a fun time of the year, there are also so many high calorie and high sugar foods during October (Halloween candy), November (Thanksgiving pies), and December (holiday cookies). Here are my top five tips for having a healthier holiday season!

- ♥ Focus on family and friends – enjoy catching up with those you love vs. getting a second helping.
- ♥ Fill up on fiber – think about covering your plate in a bed of lettuce greens or have a plate of salad before eating mashed potatoes, gravy, stuffing etc.
- ♥ Be the one to bring a non-starchy vegetable or side dish to the festivities, such as garlic cauliflower rice (1 bag cauliflower crumbles, 1 tablespoon oil, 1 tablespoon granulated garlic-add the oil to the pan and then the cauliflower with the garlic and sauté until lightly browned which helps to make the recipe have a rice like consistency).
- ♥ Add spices – focus on adding cinnamon and reducing the sugar in your recipes or garlic and thyme to meats or lemon zest to broccoli.
- ♥ Make time for activity – plan a family walk before or after dinner (e.g., take a walk at Columbia Community center or Seven Seas Park).

-Leah Groppe

Editor's Note: Leah is a local SNAIL resident who is a registered dietitian and certified diabetes educator. She is passionate about food and highlighting healthy, flavorful dishes! She loves walking her dog Tucker with her husband, Doug.

**HAPPY KWANZAA!
Merry Christmas Happy Hanukkah
Happy Holidays**

Little Free Library

Take a Book
Return a Book



Little Free Library Launch Party

There is a new Little Free Library in SNAIL. Please come say hello! Take a book or leave a book. Cider and hot chocolate provided. Children may choose a small train-themed gift. All aboard the reading railroad!

Chugga chugga choo choo!

AND...

Help us build a "snowman" for Sunnyvale! Please drop off before the event or bring: new white crew socks and T-shirts (all adult sizes needed); also gratefully accepted: new disposable diapers (sizes 4, 5 and 6 are needed the most). All collected "snowballs" will be donated to Sunnyvale Community Services for neighbors in need and people experiencing homelessness.

When:

Saturday, December 9th
10 a.m. to 12 p.m.

Rain or shine



Where:

595 E. Arbor Ave.
Sunnyvale, 94085

RSVP and Questions to Sophia at (206) 395-8732 or library@toths.info

Neighborhood Street Sweeping Schedule

Our streets are generally swept every two weeks on the day following your trash pickup. If possible, please move your car off the street on street sweeping days. This month, the street sweeping schedule is:

East SNAIL Neighborhood	Tuesday, Dec. 5, 19
West SNAIL Neighborhood	Wednesday, Dec. 6, 20

January Newsletter Deadline

All SNAIL neighbors are invited to submit articles of interest to be published in our monthly newsletter. The deadline for submitting articles and photos for the next SNAIL monthly newsletter is Saturday, Dec 16th. Send an email to SNAILEDitor@snail.org



Upcoming CMS Events

Dec. 06: School Site Council, 6 p.m.

Dec. 13: Winter Band Concert, 6 p.m.

Dec. 14: Winter Choir/Dawgs of Rock, 6 p.m.



Amazon Smile: Do you purchase from Amazon.com? Use the link below, and Amazon will donate a percentage of your purchase to CMS!
<http://smile.amazon.com/ch/94-2906049>



BOX TOP\$: CMS will begin collecting Box Tops soon. Please save your Box Tops coupons from participating foods and bring to the CMS front office.



eScrip: Register your VISA, Safeway, or other cards with eScrip and up to 5% of the money you spend will go to CMS! Simply click on the link, register your cards, and choose Columbia Middle School PTSA as the group you are supporting. <http://www.escrip.com>

PTSA: The CMS Parent Teacher Student Association supports educational activities, busses for field trips, musical instruments, art supplies, after-school activities and more for our middle school students. All donations are tax deductible, and donations can be made by check to CMS PTSA, or with the PayPal link on the home page of the school website: <https://www.sesd.org/Page/25>
-Allison Ireland



SNAIL BOARD and CITY of SUNNYVALE SUPPORT STAFF

Chair	Tarik Peterson	667 San Diego Ave.	408-745-1241	SNAILchair@snail.org
Vice-chair	Valérie Suarès	E. Eaglewood Ave.	408-390-3335	SNAILvicechair@snail.org
Secretary	June Valenti	610 N. Bayview Ave.	408-497-0827	SNAILsecretary@snail.org
Treasurer	Kirstin Sims	663 Madrone Ave.	650-759-9170	SNAILtreasurer@snail.org
Newsletter Editor	Denise Perez	564 Manzanita Ave.		SNAILEDitor@snail.org
Newsletter Distribution Coordinator	Nenuca Syquia	738 Georgia Ave.		syquia.nenuca@gmail.com
Social Secretary	Bonnie Lloyd	802 Borregas Ave.	408-747-1949	
Neighborhood Preservation	Steve Frias		408-730-7613	sfrias@Sunnyvale.ca.gov
Neighborhood Resource Officer	Amy Pistor		408-730-7146	apistor@sunnyvale.ca.gov



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