

S.N.A.I.L. News

Sunnyvale Neighbors of Arbor, Including LaLinda PO Box 62072, Sunnyvale, CA 94088

<u>http://www.snail.org/</u>

Representing over 1,400 households | Established in 1995



April 2019

# **GENERAL MEETING** Thursday, April 11<sup>th</sup>

Location: Columbia Middle School <u>Library</u> Time: 7:00 p.m. – Look for the SNAIL sign

#### **Guest Speaker:**

Our April speaker will be Katie Barnes, Garden Coordinator at Charles Street Gardens. Katie will share with us some of her tips and tricks for spring planting warm season crops. (see Speakers' Corner.)

SNAIL typically meets on the first Thursday of the month. The rare exception is when the first Thursday is also the same date as a big holiday or our usual meeting venue is not available. All SNAIL area homeowners, residents and guests are invited. Children are welcome. Membership in SNAIL is always free.

Mark Your Calendar Now: 5/2, 6/6, 7/11, 8/1, 9/5, 10/3, 11/7, 12/5 Stay Informed and Be Heard!



#### APRIL

Katie Barnes, Garden Coordinator, Charles Street Gardens

Charles Street Gardens is an organic community garden in Sunnyvale near the Sunnyvale civic center. They have been educating gardeners of all skill levels and backgrounds for over 14 years to plant warm spring season

crops such as tomatoes, beans, corn, cucumbers, squash or any crop that would perform well in the Sunnyvale soil or planter beds.

http://charlesstreetgardens.org/csg/

MAY

Sunnyvale Department of Public Safety (DPS).

SNAIL 2019 Event Calendar			
Date/Time	Event Name	Organizer	
Apr 3, 10 May 1, 8 Jun 5, 12	Homeless Shelter Please call Valérie to Volunteer to serve dinner; two-hour shift, two Wednesdays a month.	Valérie Suarès (408) 390-3335	
Thurs, April 11 7:00 p.m.	Dinner Night Out Off The Rails Brewing Co. 111 S. Murphy	June Valenti (408) 497-0827 (RSVP by Apr 9)	
Sat, June 8	SNAIL Dumpster Day	Barry Boole (408) 505-5670	



## Message from the Chair

Hello everyone, it's Spring! There is a lot going on, as usual, in the SNAIL neighborhood and we want you to be involved.

**April 6-7 and 13-14: Extra Dumping Weekends** – Sunnyvale residents may dispose of extra garbage at no charge. Vehicles limited to one-ton capacity. Proof of Sunnyvale residency required. *No Household Hazardous Waste items.* 

**April 11**: SNAIL Monthly Meeting in the <u>Columbia Middle</u> <u>School Library (not</u> the teachers' lounge this month).

**April 13: Compost Workshop** – Learn the basics of backyard and worm composting. Register at:

https://tinyurl.com/Ucanr-edu-Compost or call (408) 918-4640.

**April 19: Plant Sale at Charles Street Garden** on 433 Charles St. Get seedlings for your garden and tour Sunnyvale's only community garden. Hear Master Gardener tomato talks at 11:00 a.m. and 1:00 p.m. Pick vegetable plants, flowers and herbs for sale. Meet local artists, musicians and see their chickens! All proceeds benefit Sunnyvale's non-profit community garden.

**April 22: Earth Day 2019** is an event observed annually on held to demonstrate and promote environmental awareness and calls for the protection of our planet.

To help celebrate Earth Day, the City of Sunnyvale's Environmental Services Department invited schools serving Sunnyvale students to participate in the 2019 Earth Day Video and Poster Contest. The 2019 Earth Day Poster and Video Contest winners will be announced April 22<sup>nd</sup>.

<u>Check out the 2019 Earth Day 24,901 Mile Run/Walk</u> <u>Challenge – Sunnyvale: https://tinyurl.com/2019EarthDay</u>.

#### Speakers' Corner

Are you interested in issues affecting the neighborhood, the city or the county? Let me know and I will research guest speakers for our monthly meetings.

Have a great Earth Month everyone! -Valérie Suarès, SNAIL Chair



The publication of our newsletter and SNAIL Neighborhood Association sponsored activities are supported through our annual yard sale, newsletter sponsors and donations.



#### **Columbia Neighborhood Center (CNC) News**

For current information on programs, call CNC at (408) 730-7800 or email <u>CNC @ sunnyvale .ca .gov</u> or visit our webpage at:

#### http://tinyurl.com/SVCNC.

**Free Legal Clinic at CNC:** Saturday, Apr. 6<sup>th</sup> from 10 a.m. to noon. Receive a 20-minute consultation on legal matters by licensed attorneys offered by South Asian Bar Association of Northern California (SABA-NC). No appointments. Customers are attended to on a first come, first served basis.

**Drop In Group Cardio Dance Fitness Classes:** *U-Jam class on Monday, from 6:00-7:00 p.m.; Zumba class on Wednesday, from 7:00-8:00 p.m. and Friday 6:00-7:00 p.m.* Cost: \$2 resident/\$3 nonresident (cash only). No children allowed; high school students may participate with a signed parent consent form on file.

**Bishop Storytime:** Every Tuesday, 2:30-3:30 p.m. at Bishop Elementary School Library. Stories, songs and activities for children are provided by volunteer story time leaders. Snacks for children provided at the end of the program. All are welcome.

**Drop-In Salsa Dance Classes for Adults:** *Mondays, 7:00-8:30 p.m. at CNC Multi-Purpose Room.* Learn to dance salsa and bachata, partnering skills and basic turn patters and combinations. Beginners welcome. No partner needed. Cost: \$2 resident/\$3 non-resident (cash only).

**2019 Fit & Fun Fair:** Saturday, Apr. 27<sup>th</sup> from 11:00 a.m. - 3:00 p.m. This community event will feature health and safety information and resources; free health screenings; entertainment and fitness demos and children's activities. Bring your bicycle for a free tune-up or schedule an appt. for a child seat safety check.

**Day of the Book/Day of the Child:** *Wed., May 1<sup>st</sup> from 3:30 to 5:00 p.m. at CNC Multi-Purpose Room.* Free family event celebrating the environment and cultures of the Americans with musical guest, ZunZun. Every child receives a free book as supplies last. All are welcome, no registration needed.

**Sunnyvale Community Services at CNC:** *Every Wednesday from 1:00* to 5:00 p.m. in Room 9. Sunnyvale residents may be eligible to receive assistance with Public Benefits, Food Programs and Emergency Financial Assistance. Stop by, say "hello" to learn more and ask questions.

-Angela Chan, CNC Manager

#### **District Elections Pop-up Event**

When: April 24, 2019 Time: 7:00 – 8:00 p.m. Where: Plaza Del Rey Main Clubhouse

#### Children's activities and snacks will be provided in the Card Room

**6:30-7:00 p.m.** – Meet your neighbors and have some refreshments **7:00-8:00 p.m.** – The City staff will make a presentation on:

- Why the change from an "at-large" election system to a "districtbased" system to decide who fills the seven city council seats
- How district-based elections work and their impact
- The outreach plan to educate the residents of Sunnyvale
- Potential options to create the district boundaries
- Timeline for implementation
- Different ways that residents can provide feedback and input

# Meeting Minutes

#### Highlights of Last Month's SNAIL General Meeting

Guest Speaker Judy Pavlik, SMHPA Sunnyvale Mobile Home Park Alliance: This alliance was formed to protect residents' investments and rights and to educate the public about the unique position of being a renter and a mobile home owner. Also, the alliance advocates for members at the state and national level. Unlike single family homes, mortgages are about four percent higher (7-8%). As space rent goes up \$100, home equity goes down \$10,000. Residents are covered under a different part of the Civil Code than other neighborhoods. It is called Mobile Home Residency Law (MRL). MRL law is a specialized practice, just like criminal or corporate law.

**National Night Out:** The grant application is almost finished. We have until April 12<sup>th</sup> to submit it. Discussed were expenses for the band and also for kid's activities, including face painting, chalk drawings and maybe a craft like making pre-assembled bird houses.

**Dumpster Day (June 8, Barry Boole):** Barry will check with the City to verify that the list of what can and cannot be accepted is still up to date. There will be six dumpsters this year. Locations are still being determined based on the volunteers.

**Yard Sale:** June Valenti has offered to be the volunteer coordinator for the yard sale. A location has not been identified nor the number of days it will take place. June has asked to review the list of tasks necessary to make this event possible. Many volunteers and a location will be needed to make this event a successful one.

**City Updates (Gustav Larsson):** The 237/Mathilda project is estimated to be completed by mid-2020. The groundbreaking ceremony will be Friday, Mar.  $22^{nd}$ .

The new movie theater and Whole Foods near Target should open by the end of the year as well as more apartments. Some apartments are currently occupied.

The contract for the Maude Avenue bike lanes has been approved. Construction will be May through November. The 'pork chops' on Maude will be taken out because they are a hazard to pedestrians. Summit/Denali School will go through City Council reconsideration

on April 23<sup>rd</sup>. The Council wants to see the parking plan. If accepted, it will be renewed in five years if there are no further issues.

For full minutes, please visit: http://tinyurl.com/SNAILorg https://nextdoor.com/login

-Minutes taken by June Valenti, SNAIL Secretary

#### Coaches Needed at Columbia Middle School!



Do you want to show your Bulldog Pride by being one of our 2019 coaches?

Season 5: April 8 - May 20 (Track and Field, 4-6 coaches needed.)

Check out our available positions on our CMS Athletics webpage: http://columbiaptsa.org/athletics.

NO experience necessary. You must be 18 years of age and complete a background check and fingerprinting with the City of Sunnyvale or the Sunnyvale School District. (This can take up to a month to complete, so get started early). Compensation: \$1,000.00 STIPEND, coach's uniform and training. Practice and games are Monday-Thursday, generally from 3:00 to 5:00 p.m. If you have any interest, please contact: info @ columbiaptsa.org.

-Troy Obrero, CMS Co-Athletic Director

### <u>1,415</u> SNAIL Neighbors Have Already Joined Nextdoor.com – <u>https://tinyurl.com/SNAIL-NEXTDOOR</u>



#### Easter History

Easter commemorates Jesus' resurrection three days after his crucifixion and death. Following his death, he was removed from the cross and hastily buried in a tomb. On Sunday, it was discovered that Jesus' tomb was empty and angels informed onlookers that Jesus had risen. Throughout the next 40 days, Jesus appears to his apostles and disciples before finally ascending to heaven. Easter is the highest and holiest of holidays in the Christian faith. Easter is celebrated on the first Sunday following the first full moon after the spring equinox, usually occurring between March 22<sup>nd</sup> and April 25<sup>th</sup>.

#### **Easter Facts**

- For many Christian congregations, the first Easter service for the year is the Service of Light. The worship typically starts in darkness on the preceding Saturday night or early Sunday morning. Light is brought into the church with candles to signify hope based on the resurrection. The service culminates with the lighting of a paschal candle, signifying Christ.
- Easter eggs represent new life and also symbolize the shape of Jesus' tomb.
- The colors for Easter are white and gold. Easter lilies are popular decorations in American churches. These white blooms are one of the earliest flowers to bloom in the spring and symbolize beauty, purity, and holiness.
- Easter also signifies the end of Lent, the 40-day period of fasting, preparation and penitence observed by the faithful.
- Easter season starts on Easter Sunday and lasts 40 days until Pentecost. The date for Easter is determined by the moon. Easter is the Sunday after the first full moon of spring.

#### Easter Top Events and Things to Do

- Go to a children's Easter egg hunt, or hold one of your own. Many churches have them the Saturday before Easter, too.
- Wear some new clothes to church. This is an ancient tradition that goes back to the early church when newly baptized persons were given a white gown to wear on Easter.
- Cook an Easter dinner for family and friends. Traditional entrees include lamb or ham. During Lent, the period leading up to Easter, many Roman Catholics exclude meat from their diet, so Easter is often indulgent on meat.

#### **References:**

The Story of Easter Australian Government: Easter

#### **District Elections Information**

The main web page is <u>https://sunnyvaleelections.org</u>. It has background information, a calendar of events, and a feedback/comment form.

A community input workshop is being offered three time (same info at each event). These events also have supervised children's activities and refreshments:

- March 21, 2019 at 6:30 p.m. at Sunnyvale Community Center - RC Ballroom, 550 E. Remington Dr.
- April 4, 2019 at 6:30 p.m. at Lakewood Park, 834 Lakechime Dr.
- April 11, 2019 at 6:30 p.m. at Murphy Park, 250 N. Sunnyvale Ave.

Many smaller pop-up events will be held throughout April as well. The City has released this short video about possibly switching to district elections: <u>http://tinyurl.com/SunnyvaleElections</u>. -*Courtesy of Gustav Larsson, City Councilmember* 

#### **Turkey Stuffed Bell Peppers**

- 6 bell peppers (with top cut out and seeds washed out)\*
- 1 pound lean ground turkey
- 1 cup marinara sauce<sup>+</sup>
- ¼ cup shredded cheese
- 1 clove garlic
- 1/2 onion, chopped
- 1 teaspoon oil

Sauté onion and garlic in oil until translucent. Add ground turkey and cook until done. Microwave bell peppers in 1 inch of water for 5 minutes.

Spoon in the turkey, add enough marinara sauce to cover the meat and top with shredded cheese. Bake at 350° for 15 minutes or until cheese is melted.

\*You can also add brown rice or quinoa to the peppers as the first layer.

<sup>+</sup>This recipe is very versatile! You can even add enchilada sauce instead of marinara sauce.

-Leah Groppo, RD, CDE



#### **Newsletter Deadline**

All SNAIL neighbors are encouraged to submit articles of interest to be published in our monthly newsletter. The deadline for submitting articles and photos for the next SNAIL monthly newsletter is *Saturday, Apr.* **13**<sup>th</sup>. Send an email to SNAILeditor @ snail.org.

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SNAIL Monthly Meetings – Speakers MAY: Spring Planting JUNE: Sunnyvale DPS – How to secure your home while you are away



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